## DDP YOGA, INC./ Dallas Page WAIVER & RELEASE

Name (please print)

I enter into this agreement with DDP Yoga, Inc., its employees, agents, representatives, contractors, successors, heirs, assigns, insurers, affiliates, legal representatives, and Dallas Page (collectively, "DDP YOGA") for the participation of a DDP YOGA Workshop.

1. Waiver and release of all claims (including negligence).

By signing this waiver, I expressly, willingly, and voluntarily assume full responsibility for all risk of any and every kind involved with or arising from my participation in a DDP Yoga Workshop with DDP YOGA whether the due to my own negligence, the negligence of third parties and DDP YOGA's negligence, including but not limited to negligence, upkeep of the facility and it's equipment, negligence in training or negligence in supervision. With limiting the generality of the foregoing, I hereby irrevocably release DDP Yoga from and hold them harmless for all claims, including but not limited to claims for personal injury, property damage, medical expenses, loss of services, on account of or in any way, rights, demands, or causes of action whether known or unknown, suspected or unsuspected, arising out of participation in a DDP Yoga Workshop.

I understand that if, for any reason, I am or have been under medical supervision or if I have not exercised regularly in the recent past, that a doctor's approval should be obtained prior to use of the facility's equipment. I understand and agree that it is my sole responsibility to obtain a doctor's approval.

I further covenant and agree not to institute any claims or legal action against **DDP YOGA** for any claim released by this Agreement. I further agree that should a third party bring any claim against **DDP YOGA** in contravention of this Agreement or caused by my actions, including but not limited to derivative claims, I will defend, indemnify, and hold harmless **DDP YOGA** for any such claim and expenses, including attorney's fees and costs incurred by **DDP YOGA** in defending themselves or security indemnity hereunder.

I recognize the facility is not supervised, and I use the facility (including premises and equipment) entirely at my own risk.

- 2. I understand that **DDP YOGA** is not responsible for any lost or stolen valuables or property while attending the workshop.
- 3. While at the workshop, I agree to conduct myself in a responsible manner and will refrain from engaging in inappropriate conduct that would interfere with the peaceful use and enjoyment of the facility by other users.

I have read the Agreement and understand that by signing the Agreement I have consented to be bound by its terms, including the waiver/release of any legal right I may have to sue **DDP YOGA** for any costs they incur because a claim or legal action is brought in violation of this Agreement. I agree any violation of the Agreement and its terms and conditions, as determined by **DDP YOGA**, will void and terminate this Agreement and may result in loss of the ability to use the facility.

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Signature	Date:
In case of emergency, contact:	Phone
(Parent's signature if under 18 years of age)	
I represent that I have legal capacity and authorize to act on behalf of the minor child named here in.	
Parent/Guardian Signature	Date: